

Resultatliste Åpent treningsløp 02.04.2011

H11-12

1	Sander Arntzen, Lierbygda O-lag								24:50	+00:00
Post	1	2	3	4	5	6	7	8	9	
Total tid	04:34-2	06:45-2	11:47-1	15:05-1	18:07-1	22:04-1	23:43-1	24:19-1	24:50-1	
Strekktid	04:34	02:11-4	05:02-1	03:18-1	03:02-1	03:57-3	01:39-2	00:36-2	00:31-3	
2	Oskar Arnevik, Ringerike OL								28:00	+03:10
Post	1	2	3	4	5	6	7	8	9	
Total tid	04:33-1	06:28-1	15:01-3	19:23-2	22:31-2	25:23-2	26:59-2	27:33-2	28:00-2	
Strekktid	04:33	01:55-2	08:33-7	04:22-3	03:08-2	02:52-1	01:36-1	00:34-1	00:27-1	
3	Kristian Kammerud, Ringerike OL								35:44	+10:54
Post	1	2	3	4	5	6	7	8	9	
Total tid	05:51-3	07:36-3	14:04-2	19:41-3	23:45-3	32:01-4	34:38-3	35:14-3	35:44-3	
Strekktid	05:51	01:45-1	06:28-4	05:37-4	04:04-5	08:16-7	02:37-5	00:36-2	00:30-2	
4	August Asheim Birkeland, Halden SK								35:49	+10:59
Post	1	2	3	4	5	6	7	8	9	
Total tid	05:54-4	08:25-4	16:17-4	24:24-5	28:09-5	31:56-3	34:41-4	35:17-4	35:49-4	
Strekktid	05:54	02:31-5	07:52-6	08:07-6	03:45-4	03:47-2	02:45-6	00:36-2	00:32-5	
5	Niels Christian Hellerud, Halden SK								36:42	+11:52
Post	1	2	3	4	5	6	7	8	9	
Total tid	12:15-7	14:54-7	20:41-7	24:41-6	28:03-4	33:21-5	35:27-5	36:07-5	36:42-5	
Strekktid	12:15	02:39-6	05:47-2	04:00-2	03:22-3	05:18-5	02:06-3	00:40-5	00:35-7	
6	Alexander Skaug Ytterbøl, Halden SK								38:23	+13:33
Post	1	2	3	4	5	6	7	8	9	
Total tid	07:17-5	10:27-5	17:33-5	24:16-4	29:00-6	34:11-6	37:07-6	37:52-6	38:23-6	
Strekktid	07:17	03:10-7	07:06-5	06:43-5	04:44-6	05:11-4	02:56-7	00:45-6	00:31-3	
7	Olav Engen, Ringerike OL								42:11	+17:21
Post	1	2	3	4	5	6	7	8	9	
Total tid	10:41-6	12:43-6	18:46-6	27:00-7	32:52-7	38:10-7	40:35-7	41:39-7	42:11-7	
Strekktid	10:41	02:02-3	06:03-3	08:14-7	05:52-7	05:18-5	02:25-4	01:04-7	00:32-5	
8	Erlend Brendstuen, Halden SK								1:18:31	+53:41
Post	1	2	3	4	5	6	7	8	9	
Total tid	15:30-8	19:58-8	36:56-8	46:48-8	56:58-8	70:13-8	75:22-8	76:53-8	78:31-8	
Strekktid	15:30	04:28-8	16:58-8	09:52-8	10:10-8	13:15-8	05:09-8	01:31-8	01:38-8	

02.04.11 20:52:55 eTiming versjon 3.5 [Emit as](#)

Lisensen tilhører: Sarpsborg OL