

# Resultatliste Åpent treningsløp 02.04.2011

## H40-

|           |                                         |          |          |          |          |              |               |          |          |          |          |          |          |          |          |          |          |  |
|-----------|-----------------------------------------|----------|----------|----------|----------|--------------|---------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|--|
| <b>1</b>  | <b>Morten Aamodt, Sandnes IL</b>        |          |          |          |          | <b>42:33</b> | <b>+00:00</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |  |
| Total tid | 02:56-25                                | 06:39-9  | 13:39-4  | 16:41-3  | 18:19-3  | 21:02-1      | 22:51-3       | 24:48-3  | 29:16-2  | 30:55-1  | 32:19-1  | 33:21-1  | 37:51-1  | 39:45-1  | 40:57-1  | 42:04-1  | 42:33-1  |  |
| Strekktid | 02:56                                   | 03:43-1  | 07:00-5  | 03:02-1  | 01:38-5  | 02:43-2      | 01:49-19      | 01:57-3  | 04:28-3  | 01:39-7  | 01:24-1  | 01:02-1  | 04:30-1  | 01:54-1  | 01:12-5  | 01:07-4  | 00:29-5  |  |
| <b>2</b>  | <b>Kristian Kihle, Ringerike OL</b>     |          |          |          |          | <b>44:43</b> | <b>+02:10</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |  |
| Total tid | 02:23-17                                | 06:55-12 | 13:50-5  | 16:55-4  | 18:35-4  | 21:14-2      | 22:18-1       | 24:13-1  | 28:45-1  | 31:34-2  | 33:15-2  | 34:17-2  | 39:16-2  | 42:08-3  | 43:11-2  | 44:13-2  | 44:43-2  |  |
| Strekktid | 02:23                                   | 04:32-11 | 06:55-4  | 03:05-2  | 01:40-8  | 02:39-1      | 01:04-6       | 01:55-2  | 04:32-4  | 02:49-21 | 01:41-4  | 01:02-1  | 04:59-3  | 02:52-16 | 01:03-1  | 01:02-1  | 00:30-8  |  |
| <b>3</b>  | <b>Lars Inge Arnevik, Ringerike OL</b>  |          |          |          |          | <b>45:55</b> | <b>+03:22</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |  |
| Total tid | 01:57-2                                 | 08:00-20 | 13:53-7  | 17:12-5  | 18:56-5  | 21:46-5      | 24:10-6       | 26:00-5  | 30:20-3  | 31:36-3  | 33:15-2  | 35:05-3  | 40:03-3  | 41:57-2  | 44:22-3  | 45:29-3  | 45:55-3  |  |
| Strekktid | 01:57                                   | 06:03-22 | 05:53-1  | 03:19-3  | 01:44-10 | 02:50-4      | 02:24-24      | 01:50-1  | 04:20-1  | 01:16-1  | 01:39-3  | 01:50-17 | 04:58-2  | 01:54-1  | 02:25-23 | 01:07-4  | 00:26-2  |  |
| <b>4</b>  | <b>Svein Nygård, Lillomarka OL</b>      |          |          |          |          | <b>46:59</b> | <b>+04:26</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |  |
| Total tid | 02:02-6                                 | 06:17-3  | 12:52-1  | 16:20-1  | 17:48-1  | 21:17-3      | 22:19-2       | 24:43-2  | 31:19-4  | 32:51-4  | 34:32-4  | 35:38-4  | 41:02-4  | 44:11-4  | 45:22-4  | 46:31-4  | 46:59-4  |  |
| Strekktid | 02:02                                   | 04:15-7  | 06:35-2  | 03:28-7  | 01:28-2  | 03:29-14     | 01:02-4       | 02:24-8  | 06:36-19 | 01:32-4  | 01:41-4  | 01:06-3  | 05:24-6  | 03:09-18 | 01:11-4  | 01:09-8  | 00:28-3  |  |
| <b>5</b>  | <b>Jan Granstedt, Halden SK</b>         |          |          |          |          | <b>49:39</b> | <b>+07:06</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |  |
| Total tid | 01:59-3                                 | 06:11-1  | 13:13-2  | 16:38-2  | 18:17-2  | 21:30-4      | 23:48-5       | 26:19-6  | 31:52-5  | 34:49-5  | 36:38-5  | 37:51-5  | 44:02-5  | 46:22-5  | 47:27-5  | 49:06-5  | 49:39-5  |  |
| Strekktid | 01:59                                   | 04:12-5  | 07:02-6  | 03:25-6  | 01:39-6  | 03:13-10     | 02:18-22      | 02:31-15 | 05:33-11 | 02:57-23 | 01:49-11 | 01:13-10 | 06:11-11 | 02:20-6  | 01:05-2  | 01:39-20 | 00:33-16 |  |
| <b>6</b>  | <b>Tormod Jensen, Sarpsborg OL</b>      |          |          |          |          | <b>51:19</b> | <b>+08:46</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |  |
| Total tid | 02:04-7                                 | 06:11-1  | 13:51-6  | 18:42-11 | 20:34-12 | 23:35-8      | 25:03-9       | 27:29-8  | 32:11-6  | 36:36-12 | 38:17-12 | 39:28-8  | 45:32-7  | 47:55-6  | 49:33-6  | 50:47-7  | 51:19-6  |  |
| Strekktid | 02:04                                   | 04:07-2  | 07:40-10 | 04:51-20 | 01:52-15 | 03:01-9      | 01:28-16      | 02:26-10 | 04:42-5  | 04:25-25 | 01:41-4  | 01:11-7  | 06:04-9  | 02:23-7  | 01:38-16 | 01:14-11 | 00:32-14 |  |
| <b>=</b>  | <b>Sigmund Vister, Indre Østfold OK</b> |          |          |          |          | <b>51:19</b> | <b>+08:46</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |  |
| Total tid | 02:07-9                                 | 06:37-8  | 13:24-3  | 17:32-6  | 19:14-6  | 22:11-6      | 23:08-4       | 25:31-4  | 33:19-10 | 35:26-8  | 37:17-7  | 40:58-13 | 46:07-9  | 48:15-7  | 49:37-7  | 50:44-6  | 51:19-6  |  |
| Strekktid | 02:07                                   | 04:30-10 | 06:47-3  | 04:08-15 | 01:42-9  | 02:57-5      | 00:57-2       | 02:23-7  | 07:48-22 | 02:07-17 | 01:51-12 | 03:41-25 | 05:09-4  | 02:08-3  | 01:22-8  | 01:07-4  | 00:35-19 |  |
| <b>8</b>  | <b>Øystein Kildahl, Østmarka OK</b>     |          |          |          |          | <b>51:40</b> | <b>+09:07</b> |          |          |          |          |          |          |          |          |          |          |  |
| Post      | 1                                       | 2        | 3        | 4        | 5        | 6            | 7             | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       |          |  |

|           |                                           |          |          |          |                |              |                |          |          |          |          |          |          |          |          |          |          |
|-----------|-------------------------------------------|----------|----------|----------|----------------|--------------|----------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|
| <b>9</b>  | <b>Svend Arne Ytterbøl, Halden SK</b>     |          |          |          |                | <b>51:54</b> | <b>+09:21</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | 02:34-18                                  | 06:44-10 | 15:46-20 | 23:05-22 | 24:38-22       | 27:26-20     | 28:39-20       | 30:37-18 | 35:00-12 | 36:44-13 | 38:25-13 | 40:14-12 | 46:47-12 | 49:03-9  | 50:22-9  | 51:25-9  | 51:54-9  |
| Strekktid | 02:34                                     | 04:10-3  | 09:02-23 | 07:19-24 | 01:33-3        | 02:48-3      | 01:13-10       | 01:58-4  | 04:23-2  | 01:44-8  | 01:41-4  | 01:49-16 | 06:33-14 | 02:16-4  | 01:19-6  | 01:03-2  | 00:29-5  |
| <b>10</b> | <b>Arve Opheim, Måren OK</b>              |          |          |          |                | <b>52:42</b> | <b>+10:09</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | 02:19-15                                  | 06:55-12 | 14:51-11 | 18:24-9  | 20:10-7        | 23:54-10     | 25:31-11       | 27:57-11 | 33:08-7  | 35:46-10 | 37:55-10 | 39:38-9  | 45:25-6  | 49:19-10 | 50:38-10 | 52:03-10 | 52:42-10 |
| Strekktid | 02:19                                     | 04:36-12 | 07:56-16 | 03:33-8  | 01:46-12       | 03:44-16     | 01:37-18       | 02:26-10 | 05:11-9  | 02:38-20 | 02:09-18 | 01:43-15 | 05:47-8  | 03:54-24 | 01:19-6  | 01:25-19 | 00:39-22 |
| <b>11</b> | <b>Per Gunnar Dahl, Ringerike OL</b>      |          |          |          |                | <b>52:43</b> | <b>+10:10</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | 02:00-4                                   | 06:28-5  | 15:05-14 | 19:04-14 | 20:48-13       | 24:03-12     | 25:14-10       | 27:48-10 | 33:39-11 | 35:43-9  | 37:47-9  | 38:55-6  | 45:45-8  | 49:34-11 | 51:06-12 | 52:11-11 | 52:43-11 |
| Strekktid | 02:00                                     | 04:28-9  | 08:37-21 | 03:59-13 | 01:44-10       | 03:15-11     | 01:11-7        | 02:34-17 | 05:51-14 | 02:04-16 | 02:04-17 | 01:08-4  | 06:50-17 | 03:49-23 | 01:32-14 | 01:05-3  | 00:32-14 |
| <b>12</b> | <b>Ivar Maalen, Ås-UMB Orientering</b>    |          |          |          |                | <b>53:30</b> | <b>+10:57</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | 02:05-8                                   | 07:41-17 | 15:27-16 | 18:51-13 | 21:01-15       | 24:26-13     | 25:43-12       | 28:12-12 | 33:11-8  | 34:56-6  | 37:35-8  | 39:48-10 | 46:46-11 | 49:34-11 | 50:58-11 | 53:00-12 | 53:30-12 |
| Strekktid | 02:05                                     | 05:36-18 | 07:46-14 | 03:24-5  | 02:10-22       | 03:25-13     | 01:17-12       | 02:29-12 | 04:59-6  | 01:45-9  | 02:39-23 | 02:13-21 | 06:58-19 | 02:48-15 | 01:24-12 | 02:02-22 | 00:30-8  |
| <b>13</b> | <b>Kim Farnes Hansen, Lierbygda O-lag</b> |          |          |          |                | <b>53:42</b> | <b>+11:09</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | 02:47-23                                  | 08:08-21 | 15:37-18 | 19:48-16 | 21:48-18       | 27:27-21     | 28:47-21       | 31:21-21 | 36:24-17 | 38:12-17 | 40:14-16 | 41:26-15 | 46:54-13 | 49:46-13 | 51:18-13 | 53:03-13 | 53:42-13 |
| Strekktid | 02:47                                     | 05:21-17 | 07:29-8  | 04:11-17 | 02:00-18       | 05:39-25     | 01:20-13       | 02:34-17 | 05:03-7  | 01:48-10 | 02:02-16 | 01:12-9  | 05:28-7  | 02:52-16 | 01:32-14 | 01:45-21 | 00:39-22 |
| <b>=</b>  | <b>Nils Inge Brurberg, Sturla, IF</b>     |          |          |          |                | <b>53:42</b> | <b>+11:09</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | 02:20-16                                  | 06:33-7  | 15:08-15 | 20:04-18 | 21:40-16       | 25:25-15     | 27:43-17       | 30:07-17 | 36:22-16 | 37:40-15 | 39:54-15 | 41:03-14 | 47:53-14 | 50:09-14 | 51:53-14 | 53:09-14 | 53:42-13 |
| Strekktid | 02:20                                     | 04:13-6  | 08:35-20 | 04:56-21 | 01:36-4        | 03:45-17     | 02:18-22       | 02:24-8  | 06:15-16 | 01:18-2  | 02:14-19 | 01:09-6  | 06:50-17 | 02:16-4  | 01:44-19 | 01:16-15 | 00:33-16 |
| <b>15</b> | <b>Juha Viena, Ringerike OL</b>           |          |          |          |                | <b>54:13</b> | <b>+11:40</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | <b>01:55-1</b>                            | 08:36-23 | 15:50-21 | 19:29-15 | 20:55-14       | 23:55-11     | 24:46-7        | 27:29-8  | 35:10-14 | 37:08-14 | 39:08-14 | 42:40-20 | 48:00-15 | 50:44-15 | 52:22-15 | 53:39-15 | 54:13-15 |
| Strekktid | 01:55                                     | 06:41-24 | 07:14-7  | 03:39-10 | <b>01:26-1</b> | 03:00-7      | <b>00:51-1</b> | 02:43-20 | 07:41-21 | 01:58-14 | 02:00-15 | 03:32-24 | 05:20-5  | 02:44-13 | 01:38-16 | 01:17-16 | 00:34-18 |
| <b>16</b> | <b>Håkon Håversen, Østmarka OK</b>        |          |          |          |                | <b>54:53</b> | <b>+12:20</b>  |          |          |          |          |          |          |          |          |          |          |
| Post      | 1                                         | 2        | 3        | 4        | 5              | 6            | 7              | 8        | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17       |
| Total tid | 02:07-9                                   | 07:47-18 | 16:29-22 | 20:38-20 | 22:31-19       | 26:52-18     | 28:06-18       | 30:44-19 | 36:51-18 | 38:27-18 | 40:25-17 | 41:41-16 | 48:49-17 | 51:28-17 | 52:50-17 | 54:14-16 | 54:53-16 |
| Strekktid | 02:07                                     | 05:40-19 | 08:42-22 | 04:09-16 | 01:53-16       | 04:21-21     | 01:14-11       | 02:38-19 | 06:07-15 | 01:36    |          |          |          |          |          |          |          |

|           |                                     |          |          |          |          |          |                |               |          |          |          |          |          |          |          |          |                |
|-----------|-------------------------------------|----------|----------|----------|----------|----------|----------------|---------------|----------|----------|----------|----------|----------|----------|----------|----------|----------------|
| Total tid | 02:14-13                            | 06:31-6  | 14:43-10 | 18:21-7  | 20:23-10 | 24:42-14 | 25:53-13       | 29:11-14      | 35:33-15 | 37:58-16 | 41:07-20 | 42:36-18 | 48:56-18 | 52:24-19 | 53:46-18 | 55:01-18 | 55:31-18       |
| Strekktid | 02:14                               | 04:17-8  | 08:12-18 | 03:38-9  | 02:02-19 | 04:19-20 | 01:11-7        | 03:18-23      | 06:22-18 | 02:25-18 | 03:09-25 | 01:29-13 | 06:20-13 | 03:28-20 | 01:22-8  | 01:15-12 | 00:30-8        |
| <b>19</b> | <b>Einar Jensen, Nydalens SK</b>    |          |          |          |          |          | <b>55:48</b>   | <b>+13:15</b> |          |          |          |          |          |          |          |          |                |
| Post      | 1                                   | 2        | 3        | 4        | 5        | 6        | 7              | 8             | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17             |
| Total tid | 02:45-22                            | 09:06-24 | 17:19-23 | 21:16-21 | 23:19-21 | 27:01-19 | 28:28-19       | 31:18-20      | 37:00-19 | 38:48-20 | 40:40-19 | 42:36-18 | 49:38-20 | 52:25-20 | 53:48-19 | 55:11-19 | 55:48-19       |
| Strekktid | 02:45                               | 06:21-23 | 08:13-19 | 03:57-12 | 02:03-20 | 03:42-15 | 01:27-15       | 02:50-21      | 05:42-12 | 01:48-10 | 01:52-13 | 01:56-20 | 07:02-20 | 02:47-14 | 01:23-11 | 01:23-17 | 00:37-21       |
| <b>20</b> | <b>Jon Iver Bakken, Nydalens SK</b> |          |          |          |          |          | <b>56:43</b>   | <b>+14:10</b> |          |          |          |          |          |          |          |          |                |
| Post      | 1                                   | 2        | 3        | 4        | 5        | 6        | 7              | 8             | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17             |
| Total tid | 02:36-20                            | 07:17-14 | 14:57-12 | 18:48-12 | 20:27-11 | 25:25-15 | 27:18-16       | 29:50-15      | 37:14-21 | 38:47-19 | 40:31-18 | 41:45-17 | 49:03-19 | 51:43-18 | 55:00-20 | 56:15-20 | 56:43-20       |
| Strekktid | 02:36                               | 04:41-13 | 07:40-10 | 03:51-11 | 01:39-6  | 04:58-22 | 01:53-20       | 02:32-16      | 07:24-20 | 01:33-5  | 01:44-9  | 01:14-11 | 07:18-23 | 02:40-12 | 03:17-26 | 01:15-12 | 00:28-3        |
| <b>21</b> | <b>Tormod Strand, Måren OK</b>      |          |          |          |          |          | <b>58:00</b>   | <b>+15:27</b> |          |          |          |          |          |          |          |          |                |
| Post      | 1                                   | 2        | 3        | 4        | 5        | 6        | 7              | 8             | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17             |
| Total tid | 02:00-4                             | 06:52-11 | 14:34-9  | 23:09-23 | 26:00-23 | 29:54-22 | 30:53-22       | 33:13-22      | 39:31-22 | 41:27-22 | 43:59-22 | 45:07-22 | 51:21-21 | 53:53-21 | 56:21-21 | 57:30-21 | 58:00-21       |
| Strekktid | 02:00                               | 04:52-15 | 07:42-13 | 08:35-26 | 02:51-24 | 03:54-18 | 00:59-3        | 02:20-6       | 06:18-17 | 01:56-13 | 02:32-21 | 01:08-4  | 06:14-12 | 02:32-9  | 02:28-24 | 01:09-8  | 00:30-8        |
| <b>22</b> | <b>Pål Thowsen, Halden SK</b>       |          |          |          |          |          | <b>58:42</b>   | <b>+16:09</b> |          |          |          |          |          |          |          |          |                |
| Post      | 1                                   | 2        | 3        | 4        | 5        | 6        | 7              | 8             | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17             |
| Total tid | 02:08-11                            | 07:57-19 | 15:31-17 | 20:31-19 | 22:37-20 | 25:34-17 | 26:36-15       | 29:06-13      | 37:13-20 | 39:41-21 | 42:01-21 | 44:53-21 | 51:30-22 | 55:07-22 | 57:06-22 | 58:19-22 | 58:42-22       |
| Strekktid | 02:08                               | 05:49-20 | 07:34-9  | 05:00-22 | 02:06-21 | 02:57-5  | 01:02-4        | 02:30-14      | 08:07-23 | 02:28-19 | 02:20-20 | 02:52-23 | 06:37-16 | 03:37-21 | 01:59-20 | 01:13-10 | <b>00:23-1</b> |
| <b>23</b> | <b>Morten Karlsen, Måren OK</b>     |          |          |          |          |          | <b>59:35</b>   | <b>+17:02</b> |          |          |          |          |          |          |          |          |                |
| Post      | 1                                   | 2        | 3        | 4        | 5        | 6        | 7              | 8             | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17             |
| Total tid | 02:51-24                            | 07:39-16 | 15:44-19 | 19:49-17 | 21:42-17 | 33:20-23 | 34:32-23       | 36:51-23      | 42:12-23 | 44:02-23 | 45:49-23 | 47:00-23 | 53:09-23 | 56:18-23 | 57:49-23 | 59:04-23 | 59:35-23       |
| Strekktid | 02:51                               | 04:48-14 | 08:05-17 | 04:05-14 | 01:53-16 | 11:38-26 | 01:12-9        | 02:19-5       | 05:21-10 | 01:50-12 | 01:47-10 | 01:11-7  | 06:09-10 | 03:09-18 | 01:31-13 | 01:15-12 | 00:31-13       |
| <b>24</b> | <b>Øyvind Gylver, Asker SK</b>      |          |          |          |          |          | <b>1:19:01</b> | <b>+36:28</b> |          |          |          |          |          |          |          |          |                |
| Post      | 1                                   | 2        | 3        | 4        | 5        | 6        | 7              | 8             | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17             |
| Total tid | 04:03-26                            | 13:29-26 | 23:46-26 | 29:16-26 | 32:30-26 | 37:36-26 | 39:38-26       | 42:47-25      | 52:11-24 | 55:03-24 | 57:35-24 | 59:10-24 | 68:55-24 | 73:25-24 | 76:01-25 | 78:20-24 | 79:01-24       |
| Strekktid | 04:03                               | 09:26-26 | 10:17-24 | 05:30-23 | 03:14-26 | 05:06-24 | 02:02-21       | 03:09-22      | 09:24-24 | 02:52-22 | 02:32-21 | 01:35-14 | 09:45-26 | 04:30-26 | 02:36-25 | 02:19-25 | 00:41-26       |
| <b>25</b> | <b>Stein Turtumøygard, Måren OK</b> |          |          |          |          |          | <b>1:19:06</b> | <b>+36:33</b> |          |          |          |          |          |          |          |          |                |
| Post      | 1                                   | 2        | 3        | 4        | 5        | 6        | 7              | 8             | 9        | 10       | 11       | 12       | 13       | 14       | 15       | 16       | 17             |
| Total tid | 02:37-21                            | 10:16-25 | 22:27-25 | 27:12-25 | 30:09-25 | 35:09-25 | 39:35-25       | 43:28-26      | 52:54-25 | 56:02-25 | 59:13-25 | 61:03-25 | 69:25-25 | 73:35-25 | 75:45-24 | 78:26-25 | 79:06-25       |
| Strekktid | 02:37                               | 07:39-25 | 12:11-26 | 04:45-19 | 02:57-25 | 05:00-23 | 04:26-26       | 03:53-26      | 09:26-25 | 03:08-24 | 03:11-26 | 01:50-17 | 08:22-24 | 04:1     |          |          |                |

**DSQ Frode Løset, Ringerike OL**

|           |          |         |         |         |         |         |         |         |         |         |          |         |         |         |         |         |         |
|-----------|----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|---------|---------|---------|---------|
| Post      | 1        | 2       | 3       | 4       | 5       | 6       | 7       | 8       | 9       | 10      | 11       | 12      | 13      | 14      | 15      | 16      | 17      |
| Total tid | 02:13-12 | 08:21-0 | 18:39-0 | 00:00-0 | 35:08-0 | 38:36-0 | 40:00-0 | 42:49-0 | 49:27-0 | 52:30-0 | 54:32-0  | 56:18-0 | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 | 91:39-0 |
| Strekktid | 02:13    | 06:08-0 | 10:18-0 | -       | -       | 03:28-0 | 01:24-0 | 02:49-0 | 06:38-0 | 03:03-0 | 02:02-16 | 01:46-0 | -       | -       | -       | -       | -       |

**DSQ Konstantin Koynov, Uzana Gabrovo**

|           |         |         |         |         |         |         |         |         |         |         |         |         |         |         |          |          |          |
|-----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|----------|----------|
| Post      | 1       | 2       | 3       | 4       | 5       | 6       | 7       | 8       | 9       | 10      | 11      | 12      | 13      | 14      | 15       | 16       | 17       |
| Total tid | 04:52-0 | 12:28-0 | 24:08-0 | 35:32-0 | 49:38-0 | 56:55-0 | 62:40-0 | 67:11-0 | 00:00-0 | 00:00-0 | 00:00-0 | 00:00-0 | 93:47-0 | 99:04-0 | 101:22-0 | 104:02-0 | 104:46-0 |
| Strekktid | 04:52   | 07:36-0 | 11:40-0 | 11:24-0 | 14:06-0 | 07:17-0 | 05:45-0 | 04:31-0 | -       | -       | -       | -       | -       | 05:17-0 | 02:18-0  | 02:40-0  | 00:44-0  |

**DSQ Harald Wibye, OK Moss**

|           |         |         |         |         |         |         |         |         |         |         |         |          |         |          |          |          |          |
|-----------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|---------|----------|----------|----------|----------|
| Post      | 1       | 2       | 3       | 4       | 5       | 6       | 7       | 8       | 9       | 10      | 11      | 12       | 13      | 14       | 15       | 16       | 17       |
| Total tid | 06:49-0 | 27:32-0 | 42:04-0 | 47:58-0 | 51:18-0 | 55:49-0 | 58:54-0 | 63:25-0 | 00:00-0 | 82:46-0 | 85:21-0 | 87:12-0  | 98:23-0 | 105:54-0 | 109:15-0 | 111:12-0 | 112:09-0 |
| Strekktid | 06:49   | 20:43-0 | 14:32-0 | 05:54-0 | 03:20-0 | 04:31-0 | 03:05-0 | 04:31-0 | -       | -       | 02:35-0 | 01:51-19 | 11:11-0 | 07:31-0  | 03:21-0  | 01:57-0  | 00:57-0  |

02.04.11 20:52:57 eTiming versjon 3.5 [Emit as](#)

Lisensen tilhører: Sarpsborg OL